



# miss pole dance sa<sup>®</sup>

*Art Elevated*

## ENTRY REQUIREMENTS FOR 2012

### FINALS

Saturday, 20 October 2012  
The Lyric Theatre, Gold Reef City  
3.00pm Session: Amateur & Intermediate  
7.30pm Session: Doubles & Advanced

### DIVISIONS

- Amateur
- Intermediate
- Doubles
- Mens
- Advanced

### ENTRY DATES

Entries open on 2 April 2012  
Entries close at 12h00 on Friday, 21 September 2012.  
Finalists will be announced by Friday, 28 September 2012.

### ENTRY FEES

Entry fee is R200 per contestant, per division. Doubles pay R200 per double.  
Entry fees are to be accompanied by submission of entry form and/or video, whichever comes first.  
Entry fees are not refundable. They will be used towards prize money for the winners.

Payment is to faxed to 086-503-2833 or emailed to [entries@misspoledance.co.za](mailto:entries@misspoledance.co.za)

*Banking details:*

BodyMind Entertainment  
Standard Bank  
Northcliff (00 6305)  
Current account: 402 043 979  
Ref: Name and Cell number

**THE CANDIDATE:**

- must be a South African Citizen, resident or have a working visa
- must be female for Amateur, Intermediate and Professional Divisions
- must be male for Mens' Division
- must be at least 18 years or older
- must submit a completed application
- may compete in a personal capacity or be from any pole studio in South Africa
- must be available for the RSA final to be held on 20 October 2012

**VIDEO SUBMISSION**

- You must submit a **2-3 min unedited** video of your pole dancing skills
- The video is to be uploaded to YouTube (private or public) and the link to be provided to us. No attachments accepted. You may upload the link directly to the division of your choice on [www.MissPoleDance.co.za](http://www.MissPoleDance.co.za).
- The video may be updated with a new video as your skills improve. Any votes on your previous video will be kept on record.
- No two videos may be uploaded at the same time.
- The video will be subject to voting by the public on [www.MissPoleDance.co.za](http://www.MissPoleDance.co.za). The video with the highest votes will automatically be entered into the finals.
- Videos will be judged by a panel of judges, therefore try to ensure that you show your best moves.
- Videos must be recent, and must be filmed in a studio/home, not live on stage. No film footage from previous competitions is accepted.
- Video must be submitted /uploaded by no later than 25 September 2012. (All categories) in order to be approved for Miss Pole Dance SA® 2012.
- Video is compulsory in order for us to determine which category you belong, and whether you have the best chance at succeeding.

**FINALISTS**

The public and Miss Pole Dance SA® will pick out final competitors based on their number of votes, skill, coordination and creativity. These final competitors will get to compete in the finals as listed above.

Final number of contestants per division: (final number subject to change depending on number of entries. There is a strong possibility the final numbers will increase.)

- Amateur 10
- Intermediate 10
- Doubles 6
- Mens 8
- Advanced 8

## **CONDITIONS OF REGISTRATION**

- The registration form must be completed in full in accordance with these rules, dated and submitted via [www.MissPoleDance.co.za](http://www.MissPoleDance.co.za)
- The applicant him/herself must submit the registration form.
- A copy of a valid identification (passport or drivers license) and a recent photo need to be emailed to [entries@misspoledance.co.za](mailto:entries@misspoledance.co.za)
- The candidate declares that she has no contracts or obligations with other organisations or persons related to pole dancing or of a similar nature that may hinder her representation of Miss Pole Dance SA® 2012.

## **RULES AND REGULATIONS**

The rules and regulations are to be complied with, and abided by, at all times with the Organiser, their representatives and the Venue.

## **CONDUCT**

- Engage in proper conduct at all times whilst involved in the competition.
- No nudity, no G-strings or thongs. Violation of this requirement leads to immediate disqualification.
- No vulgar language, body language or defamation of other contestants is permitted, either on stage or backstage.
- You may not be under the influence of drugs or alcohol at any time during the competition.
- For those applicants who smoke tobacco must not be seen smoking during the competition or whilst on the competition venue.

## **DRESS CODE**

- Costumes and themed dress are encouraged and will earn you extra points
- A minimum of sports bra and hot shorts is required.
- Amateur and Intermediate: Min 4” heels compulsory
- Doubles and Advanced: heels, ballet shoes or barefoot.
- Boots are allowed for all categories. Keep in mind that the judges are aware that boots may hold you up, and therefore mark you down on strength and ability.
- Clothing or props (such as wings or a cape) may be removed, but no you may not be seen to be ‘undressing’ as part of your performance.
- Ensure you do a full dress rehearsal before the time. Broken bra straps, creeping underwear, etc will lead to point deduction and are against our proper dress code, which may even lead to disqualification.

## **PROPS**

- Props help you to set the scene and announce your theme. Try to be as imaginative as you can.
- Fire and large fireworks are not permitted at the Lyric Theatre as they pose a safety hazard.
- Smoke machines are not allowed as they contain soap which makes the poles slippery.

- Props such as motorbikes or special equipment need to be approved by Miss Pole Dance SA® and the Lyric Theatre. If you are unsure, it's best to check with us first.
- People may be used as props as part of your performance, but they may not perform any tricks on the pole. Use of the pole by your assistant(s) will lead to point deduction.
- No assistants or people as props are allowed backstage, and they will have to buy a ticket in order to secure their space at the theatre.

## **GROUNDS FOR DISQUALIFICATION**

- Any other information you supplied in connection with the competition, prove to be false and or inaccurate.
- For Miss Pole Dance SA®, absences at official functions without permission or approval from Host Organiser or failure to perform duties and responsibilities required of Miss Pole Dance SA®.
- Nudity or other dress code violation
- Talking to the crowd or using vulgar language
- Showing any misconduct that will or could damage the reputation of Miss Pole Dance SA®.

## **FILM AND PHOTOGRAPHY**

- All photography and other footage remain the property of the Organisation
- The candidates have no right to compensation for photography and other footage made before, during and after the Miss Pole Dance SA® competitions.
- The candidate explicitly and irrevocably agrees that all footage and photography can be used by the Organisation for promotional, advertising and commercial purposes.
- The candidate is to sign a model release form for photography and video footage.
- The Organiser is allowed and permitted to use or take her photographs/video for purpose of publicity and promotions.
- The applicant may be required to appear on television, radio, film or print media for the publicity and promotion requirements of the competition.
- The use of cameras and cell phones by the audience is strictly prohibited.
- No personal photographers or filming are allowed in the Venue without express written permission by the Organiser. Any footage taken by private photographers/filming will be deemed as the property of the Organiser, who shall be entitled to full use of the footage during and after the competition.

## **CATEGORIES**

Based on the video footage, we will be able to determine which category is most suited to you. Your ability to control your moves will determine which category you fall under.

## **AMATEUR**

- The candidate may not have entered into and won the Amateur division before.
- The candidate has done at no more than 12 months of pole dancing
- The candidate must perform a choreographed routine of 2 minutes EXACTLY. Points will be deducted for each 10 seconds over/under time.
- There will be 2 static (non-spinning) poles, both need to be used.
- A maximum of 1 minute of floor work is allowed.
- Required moves:

The candidate must include 1 spin, 1 climb, 1 invert, 1 combination spin and 1 slide

- Moves not allowed:  
No one handed combination spins  
No elbow grips  
No double knee hooks  
No advanced pole mounts, such as shoulder mount or handsprings  
No advanced inner thigh holds
- Dance ability: it must be clear to the audience and the judges that pole dancing is a new sport for you. If you are capable of performing more difficult tricks, but are trying to keep yourself in an easier category, it will show in your video. You will only do yourself a disservice. Rather perform to the best of your ability and enter into the category in which you belong.

## **INTERMEDIATE**

- The candidate may not have entered into and won the Intermediate division before.
- The candidate must perform a choreographed routine of 3 minutes EXACTLY. Points will be deducted for each 10 seconds over/under time.
- There will be 2 poles, one static (non-spinning) and one spinning poles, either or both may be used.
- A maximum of 90 seconds of floor work is allowed.
- Required moves:  
The candidate must include: 2 spin, 1 climb, sit on the pole (3 seconds min.), a combination of 2 tricks, 1 upright static pose (hold 3 sec min), 1 inversion (hold 3 sec min)
- Moves not allowed:  
Most moves will be allowed.  
Any moves that are seen to be a Level 5 or 6 according to the PDC Syllabus are not allowed.  
Please go to [www.poledancecommunity.co.uk](http://www.poledancecommunity.co.uk) and view the free online syllabus to get an idea of the difficulty levels.
- Dance ability: it must be clear to the audience and the judges that you are becoming increasingly familiar with pole dancing, but although you are capable of performing more difficult tricks, you are still getting the flow and technique right.
- As with the Amateur division, if you are trying to keep yourself in an easier category, it will show in your video. You will only do yourself a disservice. Rather perform to the best of your ability and enter into the category in which you belong.

## **DOUBLES**

- Only 2 contestants are allowed per entry
- The candidates must perform a choreographed routine of 4 minutes EXACTLY.
- The 2 poles may be set to spinning or static as per your requirements.
- There are no restrictions on sharing a pole.
- Contestants will be judged according synchronisation, theme, timing and ability to do the chosen moves according to the level you are at.
- Pole ability will not be marked down, therefore amateurs and advanced all stand an equal chance of winning.
- Candidates that enter in the doubles finals may enter into another division too.
- Shoes are not compulsory

## **MENS**

- The candidate must perform a choreographed routine of 4 minutes EXACTLY. Points will be deducted for each 10 seconds over/under time.
- There will be 2 poles, one spinning and one static, both need to be used.
- Shoes/barefoot are both acceptable
- The candidate may wear a shirt/vest/top or may choose bare chest.

## **ADVANCED**

- The candidate is teaching or performing pole dancing on a professional level. Please go to [www.poledancecommunity.co.uk](http://www.poledancecommunity.co.uk) and view the free online syllabus to get an idea of the difficulty levels. You need to be able to perform at least level 4, 5 and 6 moves.
- The candidates must perform a choreographed routine of 5 minutes EXACTLY.
- The candidate must use the spinning pole during her routine.
- The candidate must stay on the pole continuously for 60 seconds without touching the floor as part of her routine.
- At least 2 original moves must be used that have not been classified in any instruction book/DVD. A novel way to get into a move or a new combination will count as an original move.
- Points will be deducted for body corrections, falling or going over or under time.
- Heels, ballet shoes, boots or barefoot allowed.

## **GENERAL (ALL CATEGORIES)**

- Contestants may choose which number they wish to be on a first come- first served basis.
- The judging is based on 60% pole ability (strength, flow, ability) and 40% art (theme, personality, costume, expression). Keep this in mind when planning your performance.
- Negative points will be given for every 10 seconds over / under time.
- A theme is compulsory
- The candidate may not converse with the judges at any time, before, during or after their performance. This includes notes, gifts, placards, certificates, oral or written communication. This will result in immediate disqualification.

## **MUSIC**

- Your music is to be pre recorded to the exact time stipulated. If you go over time, your music will be cut off, in order to ensure that the competition does not run over time.
- You need to name your song(s) and artist on the entry form to avoid duplication by another contestant, and for SAMRO (Music Rights) requirements.
- Your CD may contain only one track.
- A backup CD is required in case of malfunction on the day. Please test your music on CD player and computer in order to ensure it is working.
- Your name and contestant number must be written on the CD, and it will not be returned to you.
- No vulgar music, radio edits only.

## **JUDGING**

- Candidates may not communicate with judges regarding the competition itself, before, during or after

the competition.

- The judges' decision is final.
- The judges panel will be made up of pole dancing and fitness/dance experts.
- Judges are unbiased, and are not allowed to be instructors or friends or family of the contestants.

## **OTHER**

- The Organization reserves the right to expel a candidate from participation, both before and during the competition.
- The finalists must be available for a photo shoot directly after the prize giving.
- Dressing rooms are off limits to anyone other than contestants.
- The competition will commence at 3pm sharp for Amateur and Intermediate, and 7.30 pm sharp for Doubles and Advanced. Contestants are to arrive no later than 2pm and 6pm respectively.
- You will be responsible for all your belongings whilst at the competition
- No make up artists, assistants, friends or family are allowed backstage, unless they are part of your theme. If so, they will only be permitted backstage for the time they are required, then they will be asked to go back to the front.
- No photographers are allowed backstage, unless they are the official photographers / media authorized by Miss Pole Dance SA®.
- Contestants may watch the remainder of the competition, as part of their entry fee is to reserve a seat for them.
- Contestants will need to purchase a ticket if they wish to watch the competition of the other divisions in which they are not participating.

## **WINNERS**

- The title of Miss Pole Dance SA® 2012 is an official title and valid for one year, or until the new Miss Pole Dance SA® for the following year has been announced.
- The title cannot be prolonged. The winner may enter the following year to defend the title.
  - The winner will receive prizes from sponsors and the Organisers. The sponsors and organisers are not responsible for incorrect sizes or better available dates (should the prizes include clothing or holiday accommodations).
  - The Organiser reserves the right to retract the title if the winner causes any damages to the Organisation.
  - The winner and the 2 runners up will receive prizes. All other entrants may receive consolation prizes.
  - The prizes to be announced, depending on sponsorships and response.
  - The winner of the Advanced category will be able to use her title to enter competitions internationally. The Organiser is not responsible for the cost of such entry.

## **WINNERS AND RUNNERS UP**

- Shall conduct herself with decorum during her reign and shall NOT commit any immoral, illegal or any act of behaviour which in the sole opinion of the Organiser could bring disrepute, ridicule or contempt to the Miss Pole Dance SA® image and reputation.
- Will be able to participate as a candidate in any other pole dance competition as we believe it is unfair to restrict people passionate about the art of Pole Dancing.
- Winners and runners up for the Professional (Advanced) category may enter into any other competitions held for the same year. However, in case of conflict with their duties as winners, they will be available, and give preference to, the Organisers of Miss Pole Dance SA first and foremost.

## **THE ORGANISERS**

- The Miss Pole Dance Organisation and its SA representatives are not liable for injury or damage resulting from participation in the Miss Pole Dance SA® Competition.
- All decisions not addressed in these regulations will be made by the Organisation.
- A decision made by the Miss Pole Dance Organisation is binding.

## **FAILURE TO ABIDE BY THE ABOVE MENTIONED RULES WILL RESULT IN IMMEDIATE DISQUALIFICATION.**

### **COMPETITION FAQ**

#### **Why Compete?**

Miss Pole Dance SA® is not looking for the craziest tricks or how many spins you can do around the pole. We are holding this competition so that everyone has a chance to do the most basic movements, with some challenges of course, to show us that their physical strength is equal to their passion for dance.

This competition does require you to be disciplined, fit and creative. Miss Pole Dance SA® hopes that you are as excited as we are in promoting pole dance as a sensual athletic art form.

Help us break the stereotype that being sexy is taboo. Participating in the competition allows you to expand your pole dance network and communicate with other pole dancers.

Last, but not least, apply to the competition simply because you love to pole dance. As long as you can do the required elements for the compulsory round you have a chance to become the winner of Miss Pole Dance SA® Championship.

#### **Do I have to be affiliated with a studio?**

It's not necessary. You can be a private individual not representing anyone but yourself. But our suggestion is to ask your local school or studio to sponsor you. Sponsorship is optional, but can help with expenses to prepare and get to the competition.

#### **I'm not a stripper and have never worked in a strip club, can I still apply?**

Yes, of course! Pole dancing is not stripping. This competition is for any woman who likes to pole dance. Miss Pole Dance SA™ tolerates no nudity or vulgarity in either appearance or performance.

#### **Can guys enter the competition?**

There is a possibility that we will have a men's division, so please send your request in.

#### **I have a website where I upload my videos, would that be acceptable as a link for video submission?**

Yes, absolutely. Your links to YouTube or your DVD are acceptable means of submission as long as the video is **unedited**. No video attachments in emails.

#### **What if I'm not sure if I interpret the required elements for compulsory routine correctly?**

As soon as the final competitors are accepted, they will be given a detailed description of the required elements along with examples. Miss Pole Dance SA® will make sure that final competitors fully understand what goes into the compulsory routines.

#### **Do I have to use the required elements in my submission video?**

No. The required elements are listed so that people who apply have an idea of what we expect.

**Can I dance on spinning pole instead of stationary pole?**

Yes, that is why Miss Pole Dance SA® asks you in the application to check which pole you prefer.

**Will I be judged differently on a spinning versus stationary pole?**

No, each category has its own requirements. Both poles are judged the same way.

**Will there be tickets sold so my friends, family and supporters can come to watch?**

Yes. Tickets are available directly through Miss Pole Dance SA® and Computicket.

**Amateur & Intermediate** : R140 per person.

**Mens, Doubles & Advanced** : R190 per person.

**Both sessions** : R310 (seats may vary)

# miss pole dance sa<sup>®</sup>

*Art Elevated*

## ENTRY FORM FOR 2012

One entry form per contestant, per category (each contestant for doubles)

**Closing entry date Friday, 21<sup>st</sup> September 2012 at 12h00**

Please submit **ONLY** these last 2 pages to [entries@misspoledance.co.za](mailto:entries@misspoledance.co.za) or Fax to 086-503-2833

DIVISION:     Amateur             Intermediate             Doubles             Professional

CONTESTANT ORDER:     Beginning             Middle             Last few

(Please choose your preferred entry place so that we can place you)

THEME : \_\_\_\_\_

- Please find a recent photo (head and shoulders) of myself attached. (Max file size 500x500)
- Please find a copy of my ID attached.
- Video link : http:// \_\_\_\_\_
- I have uploaded the video directly to [www.MissPoleDance.co.za](http://www.MissPoleDance.co.za). Video name: \_\_\_\_\_

### PERSONAL DETAILS

Full Names:	
ID No:	
Tel (o/h):	
Cell:	
Email:	
RSA	<input type="checkbox"/> Citizen <input type="checkbox"/> Resident. (If Resident, ___ years ___ months)
Illnesses/Medical Conditions:	If yes, specify:
Emergency Name & Tel:	
Career:	
Hobbies:	

### POLE INFORMATION

Pole Studio:	
Pole Experience:	____ years ____ months
City:	

### OUTLINE OF 3 BEST POLE MOVES

1.
2.
3.

### MUSIC

(Required by SAMRO and to avoid duplication of music by other contestants)

Max. no of tracks allowed is four.

Song Title	Artist
1.	
2.	
3.	
4.	

### MODEL RELEASE AGREEMENT

I, \_\_\_\_\_, the undersigned, hereby allow the Organizers and/or representatives of Miss Pole Dance SA® to take video/photographic footage before, during and/or after the Miss Pole Dance SA 2012 competition. Any film/video/photographic footage remains the property of Organizers. I agree to have no claim over the footage.

I agree to be photographed/filmed for the Miss Pole Dance SA® 2012.

I agree to a photo shoot should I be a finalist, winner or runner up in the Miss Pole Dance SA 2012.

### DECLARATION

I declare that I have read, understood and agree to abide by the above rules and regulations. I hereby apply to the SA Organiser as a delegate to represent the Republic of South Africa in the Miss Pole Dance SA® 2012 competition in accordance with the terms and conditions set out by the Organiser.

I hereby agree to accept the decision of the Board of Judges as final and not subject to any question or appeal.

Name : \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_